

Checklist of Dosages and Uses of 100 Common Psychotropic Medications by **TRADE** Name

Ed Zuckerman, PhD and Dan Egli, PhD as a gift to our colleagues

Trade®	Names Drug generic	Class	Usual Adult Daily Dosage Range in mgs	FDA-approved Indication(s)	Common "Off-label" Uses, if any
-Abilify	aripiprazole	Atypical	10-15	Schizophrenia, Bipolar, Agitation	
Adderall, XR	D- & L-amphetamine	Stimulant	5-40	ADHD, Narcolepsy	
Ambien, CR	zolpidem	Non-benzo. hypnotic	5-12.5	DFA, SCD, short-term use	
Anafranil	clomipramine	Tricyclic AD	100-250	OCD	
Antabuse	disulfiram	Alcohol antagonist	125-500	Manage chronic alcoholism	
Aricept	donepezil	Cholinesterase inhibitor	5-10	Mild/moderate/severe dementia	
Artane	trihexyphenidyl	Antidyskinetic	1-15	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
Ativan	lorazepam	benzodiazepine	2-6	Anx	<i>Alch withdrawal, Seiz, Insomnia</i>
Aventyl/Pamelor	nortriptyline	Tricyclic AD	25-100	MDD	<i>Depr</i>
BuSpar	buspirone	Anti-anxiety	15-60	GAD	
Campral	acamprostate	Alcohol antagonist	1332-1998	Alcohol dependence	
Catapres, TTS	clonidine	Antihypertensive	.1-3	Hypertension	<i>Drug detox, Pain, Impulse, ADHD</i>
Celexa	citalopram	SSRI	20-40	MDD	<i>Depr, PmDD, PTSD, BDD, SocAnx</i>
Centrax	prazepam	Benzodiazepine	30-60	Anx	<i>Alch withdrawal, Seiz</i>
Chantix	varenicline	Nicotinic receptor agonist	0.5-2	Smoking cessation	
Cialis	tadalafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Clozaril/FazaClo	clozapine	Atypical	300-450	Schizophrenia	<i>Bipolar</i>
Cogentin	benztropine	Antidyskinetic	1-8	Anti-Parkinson's	<i>ExtraPyramidal Symptoms</i>
Cognex	tacrine	Cholinesterase inhibitor	40-160	Mild-moderate dementia	
Concerta	methylphenidate	Stimulant	18-54	ADHD	
Cymbalta	duloxetine	SNRI	20-80	MDD, GAD, Neuropathic Pain	<i>Depr, PmDD, PTSD, SocAnx</i>
Dalmane	flurazepam	Benzodiazepine	15-30	Insomnia, short-term use	
Daytrana, Patch	methylphenidate	Stimulant	10-27	ADHD, ages 6-12	
Depakote/-ene/-con	divalproex	Anti-convulsant	750-3000	Bipolar, Epilepsy, Migraine	
Desoxyn	methamphetamine	Stimulant	5-25	ADHD, Anorexiant	<i>EDS, Narco</i>
Desyrel	trazodone	SARI	150-400	MDD	<i>Depr, Hypn</i>
Dexedrine	dextroamphetamine	Stimulant	5-40	ADHD, Narcolepsy	<i>EDS</i>
Doral	quazepam	Benzodiazepine	7.5-15	Insomnia, short-term use	
Effexor, XR	venlafaxine	SNRI	75-375	MDD, GAD, Panic	<i>Depr, PTSD, SocAnx, PmDD</i>
Elavil	amitriptyline	Tricyclic AD	75-150	MDD	<i>Depr</i>
Eldepryl	selegiline	MAO-B	5-10	Anti-Parkinson's	<i>Depr, Smoking</i>
EMSAM, patch	selegiline	MAO-B	6-12	MDD	
Equetro, ER	carbamazepine	Anti-manic	200-1600	Bipolar	
Eskalith/Lithobid	lithium carbonate	Anti-manic	900-1800	Bipolar	
-Exelon. patch	rivastigmine	Cholinesterase inhibitor	3-12	Mild-moderate dementia, Park. dementia	
Focalin, XR	dexmethylphenidate	Stimulant	5-20	ADHD	
Gabitril	tiagabine	Anti-convulsant	4-32	Epilepsy	<i>Bipolar</i>
Geodon	ziprasidone	Atypical	40-160	Schizophrenia, Bipolar	
Halcion	triazolam	Benzodiazepine	.25-.50	Insomnia, short-term use	
Inderal	propranolol	Antihypertensive	10-80	Hypertension	<i>Anx, Alch withdril, Akathisia, Panic</i>
-Intuniv	guanfacine ER	Antihypertensive	1-4	ADHD	
Invega	paliperidone, ER	Atypical	3-12	Schizophrenia, acute & chronic	
Kemadrin	procyclidine	Antidyskinetic	7.5-20	Anti-Parkinson's	
Keppra	levetiracetam	Anti-convulsant	1000-3000	Epilepsy	<i>Bipolar</i>
Klonopin, Wafers	clonazepam	Benzodiazepine	.25-4	Seizures, Panic	<i>GAD, Hypn</i>
Lamictal	lamotrigine	Anti-convulsant	100-200	Epilepsy, Bipolar	
Levitra	vardeafil	PDE-5 inhibitor	5-20	Erectile dysfunction	
Lexapro	escitalopram	SSRI	10-20	MDD, GAD	<i>BDD, PTSD, SocAnx, Depr, PmDD</i>
Librium	chlordiazepoxide	Benzodiazepine	5-100	Anx, Alcohol withdrawal	
Ludiumil	maprotiline	Tetracyclic AD	75-225	MDD	<i>Depr</i>
Lunesta	eszopiclone	Non-benzo hypnotic	2-3	Insomnia, ≤ 6 months use	
[Luvox]	fluvoxamine	SSRI	50-300	OCD	<i>MDD, PTSD, SocAnx, PmDD, BDD</i>
Lyrica	pregabalin	Anti-convulsant	300-600	Seiz, Neuropathic pain, Fibromyalgia	<i>GAD</i>
Marplan	isocarboxazid	MAOI	20-60	MDD	
Meridia	sibutramine	Anorexiant	10-15	Obesity	
Metadate	methylphenidate	Stimulant	20-60	ADHD	
Methylin	methylphenidate	Stimulant	20-60	ADHD, Narcolepsy	
Mirapex	pramipexole	Dopamine agonist	1.5-4.5	Anti-Parkinson's, RLS	<i>Treatment-resistant Depression</i>
Namenda	memantine	NMDA antagonist	5-20	Moderate-severe dementia	
Narcan	naloxone	Opioid antagonist	.4-2	Opioid overdose	
Nardil	phenelzine	MAOI	45-90	MDD	

Neurontin	<i>gabapentin</i>	Anti-convulsant	900-1800	Epilepsy	<i>Bipolar</i>
Niravam	<i>alprazolam, ODT</i>	Benzodiazepine	.3-5	Panic, GAD	
-Nuvigil	<i>armodafinil</i>	Wakefulness promoter	150-250	Sleep apnea, Narco., SWS	
Parnate	<i>tranylcypromine</i>	MAOI	30-60	MDD	
Paxil, CR/Pexeva	<i>paroxetine</i>	SSRI	20-60	MDD, GAD, OCD, Panic, Soc. Anx, PTSD	<i>Depr, Anx, PmDD</i>
ProSom	<i>estazolam</i>	Benzodiazepine	1-2	Insomnia, short-term use	
Provigil	<i>modafinil</i>	Wakefulness promoter	100-400	EDS, OSA, SWS	<i>ADHD, MDD</i>
Prozac/Sarafem	<i>fluoxetine</i>	SSRI	20-80	OCD, Panic, PmDD	<i>Depr, SocAnx, Anx, BDD</i>
				MDD, PTSD, Bulimia	
Razadyne, ER	<i>galantamine</i>	Cholinesterase inhibitor	8-32	Mild-moderate dementia	
Remeron/SolTab	<i>mirtazapine</i>	Tetracyclic AD	15-45	MDD	<i>Depr</i>
Requip	<i>ropinirole</i>	Dopamine agonist	.75-3	Anti-Parkinson's, Restless leg	<i>Treatment-resistant depression</i>
Restoril	<i>temazepam</i>	Benzodiazepine	15-30	Insomnia, short-term use	
Revia/Revex	<i>naltrexone/nalmefene</i>	Opioid antagonist	50	Opioid dependence	<i>Alcohol dependence</i>
-Risperdal	<i>risperidone</i>	Atypical	1-8	Bipolar & Schizophrenia in adults and teens, Irritability in autism	
Ritalin	<i>methylphenidate</i>	Stimulant	20-60	ADHD, Narcolepsy	<i>EDS</i>
Rozerem	<i>ramelteon</i>	Hypnotic	8	Insomnia	
Serax	<i>oxazepam</i>	Benzodiazepine	30-120	Anx, Alcohol withdrawal	<i>Anti-itch, Seiz, Hypn</i>
Sabril	<i>vigabatrin</i>	Anticonvulsant	1000-4000	Bipolar, Epilepsy	
-Seroquel, XR	<i>quetiapine</i>	Atypical	150-800	Schizophrenia, Bipolar	
[Serzone]	<i>nefazodone</i>	SNRI + 5HT2a	300-600	MDD	<i>Anx, PTSD</i>
Sinequan/Adapin	<i>doxepin</i>	Tricyclic AD	150-300	MDD	<i>Depr</i>
Sonata	<i>zaleplon</i>	Non-benzo hypnotic	5-10	Insomnia, short-term use	
Strattera	<i>atomoxetine</i>	Non-stimulant	40-100	ADHD	
Suboxone	<i>buprenorphine & naloxone</i>	Opioid agonist	12-16	Opioid dependence	
Subutex	<i>buprenorphine</i>	Opioid agonist	12-16	Opioid dependence	
Symbyax	<i>olanzapine & fluoxetine</i>	Atyp & SSRI	6/25-12/50	Bipolar	<i>Schizophrenia</i>
Tegretol	<i>carbamazepine</i>	Anti-convulsant	400-1200	Epilepsy	<i>Bipolar</i>
Tenex	<i>guanfacine</i>	Antihypertensive	.5-3	Hypertension	<i>Drug withdrawal</i>
Tofranil/PM	<i>imipramine</i>	Tricyclic AD	75-200	MDD, Enuresis	<i>Depr</i>
Topamax	<i>topiramate</i>	Anti-convulsant	400-1600	Epilepsy, Migraines	<i>Bipolar</i>
Tranxene	<i>clorazepate</i>	Benzodiazepine	15-60	Anx., Seizures	
Trileptal	<i>oxcarbazepine</i>	Anti-convulsant	600-1200	Epilepsy	<i>Bipolar</i>
Valium	<i>diazepam</i>	Benzodiazepine	4-40	Anx., Muscle spasm, Seizures	
Viagra	<i>sildenafil</i>	PDE-5 inhibitor	25-100	Erectile dysfunction	
Vivtrol(IM)	<i>naltrexone</i>	Opioid antagonist	190-380/ mo.	Alcohol dependence	
Vyvanse	<i>lisdexamphetamine</i>	Stimulant	30-70	ADHD	
Wellbutrin/Zyban	<i>bupropion</i>	DNRI	200-450	MDD, Smoking, SAD	
BudeprionER					
Xanax, XR	<i>alprazolam</i>	Benzodiazepine	.25-4	Panic	<i>Anx</i>
Xenical	<i>orlistat</i>	Lipase inhibitor	360	Obesity	
Xyrem	<i>sodium oxybate</i>	Stimulant	3-9 gms	EDS, cataplexy	
Zoloft	<i>sertraline</i>	SSRI	50-200	Panic, OCD, MDD, PTSD, SocAnx, PmDD	<i>BDD, Depr, Anx</i>
Zonegran	<i>zonisamide</i>	Anti-convulsant	100-400	Epilepsy	<i>Bipolar</i>
Zyprexa/Zydis	<i>olanzapine</i>	Atypical	5-30	Schizophrenia, Bipolar	

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An Initial - means changed in this update. [] means drug withdrawn by manufacturer but still available as generic. Removed from the market.

Drug Class: **Antidyskinetic** = drugs used to treat Parkinson's disease and extrapyramidal effects of antipsychotics. **Anorexiect** = to treat obesity. **Atypical** = newer antipsychotics/neuroleptics. The **Conventional**, older antipsychotics/neuroleptics are now rarely used and so are not listed. **DNRI** = Dopamine-Norepinephrine Reuptake Inhibitor. **MAOI** = Monoamine Oxidase Inhibitor. **NRI** = Norepinephrine Reuptake Inhibitor. **PDE-5 inhibitor** = Phosphodiesterase type-5 inhibitors. **SARI** = Serotonin-2 antagonist/Serotonin Reuptake Inhibitor. **SNRI** = Serotonin-Norepinephrine Reuptake Inhibitor. **SSRI** = Selective Serotonin Reuptake Inhibitor. **TetracyclicAD** = Tetracyclic Antidepressant.. **TricyclicAD** = Tricyclic Antidepressants almost replaced by SSRIs and so few listed. **ODT** = Orally Disintegrating Tablet. **TTS** = Transdermal Therapeutic System (a patch).

Indications and Disorder: **ADHD** = Attention Deficit Hyperactivity Disorder. **Anorexiect** = For exogenous obesity. **Anx** = Anxiety Disorder NOS. **BDD** = Body Dysmorphic Disorder. **Bipolar** = Bipolar Affective Disorder (antimanic). **Depr** = Depression (see MDD). **DFA** = Difficulty Falling Asleep. **Eat** = Eating Disorders. **EDS** = Excessive Daytime Sleepiness. **EMA** = Early Morning Awakening. **GAD** = Generalized Anxiety Disorder. **Hypn** = Hypnotic (sleep inducer) for many sleep disorders. **MDD** = Major Depressive Disorder (not Dysthymia or Depression NOS). **Narco** = Narcolepsy. **NeuroPath Pain** = Neuropathic pain associated with diabetic peripheral neuropathy. **OSA** = Obstructive Sleep Apnea. **OCD** = Obsessive-Compulsive Disorder. **Panic** = Panic Disorder, with or without Agoraphobia. **Phob** = Phobia. **PmDD** = Premenstrual Dysphoric Disorder. **PTSD** = Post-Traumatic Stress Disorder. **RLS** = Restless Leg Syndrome. **SAD** = Seasonal Affective Disorder. **Schizo** = Schizophrenia, Psychosis, and related conditions. **SCD** = Sleep Continuity Disturbance. **SWS** = Shift Work Sleep Disorder. **SocAnx** = Social Anxiety /Social Phobia.

Disclaimer: The information presented here is intended as general health information and as an educational tool but is not precise enough for making prescribing decisions and is not to be construed as medical advice. The indications/diagnoses are not exclusive, exhaustive, or precise. We have tried to be accurate but errors may exist here. Listing here is in no sense an endorsement by the authors of the use of any medication for any treatment purpose. The dosages offered here are for maintenance and authorities differ on these. Starting doses may be lower and for some people higher dosages (supra-therapeutic) are warranted. All trade and generic names are the property of their respective manufacturers, distributors, and copyright holders. Non-commercial copying and distribution of this list is permitted as long as NO changes are made to it. Any other uses require written permission. Copyrighted 2004-2007 by Edward Zuckerman, PhD and Dan Egli, PhD.. **Version of Nov 1, 2007**