

COSIG Co-Occurring Clinical Competency
Module 14: Group Approaches
(including participation in Self-Help Groups)
Post-Test

Name: _____ Date: _____

1. Important modifications to group for the treatment of co-occurring disorders include:
 - a. Reduced intensity
 - b. Emphasis on affirmation
 - c. Larger groups
 - d. Stronger direction
 - e. Flexible schedules
 - f. a, b, and d
 - g. All of the above

2. All participants in a co-occurring group should be required to share.
 - a. True
 - b. False

3. Psychoeducational groups help participants move from one stage of treatment to the next.
 - a. True
 - b. False

4. Characteristics of Persuasion Groups include:
 - a. Supportive
 - b. Nonjudgmental
 - c. Focus on abstinence
 - d. a and b
 - e. All of the above

5. Active treatment groups are for individuals who have decided that substance use is a problem they want to change.
 - a. True
 - b. False

6. Teaching skills that support recovery is a primary focus of active treatment groups.
 - a. True
 - b. False

7. Participation in self-help groups provides a meaningful structure that is self-generated.
 - a. True
 - b. False

8. Clients with co-occurring disorders are likely to need preparation and support if they are to participate successfully in self-help programs.
 - a. True
 - b. False

9. Dual Recovery groups differ from traditional 12-Step programs in that they are led by a professional.
 - a. True
 - b. False