

Stages of Change Case Presentations

Instructions:

- Please select 5 clients from your caseload whose progress we will follow throughout the 9 months of training. [Please *do not* select only your most challenging cases.]
- Do not use the client's full name. Identify him/her only by first name and last initial, or you may use an entirely fictitious name.
- Please make a copy of the assignments you submit and keep your own separate files for your case presentation.
- For the next class, please complete a "Client Stage of Change Worksheet" for each client.
- In future weeks, you will be asked to use the same clients to complete additional clinical assignments related to the material covered in class.

Client Stage of Change Worksheet

Name of Client (first name, last initial, or fictitious name): _____

Diagnosis: _____

Brief Discussion of Client's Problems: _____

Brief Treatment History: _____

Your Assessment of the Client's Current Stage of Change: _____

Reason(s) for this Conclusion: _____

Appropriate Interventions (Based on the Client's Stage of Change): _____

Submitted by: _____ **Date:** _____